

# Trust in God

A Devotional Guide: Don't Give up Instead, Mix the Word of God  
With Faith.

By: Monica Theophilus

Trust In God

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## Table of Contents

Introduction.....	1
Day One: Trust Has to be built.....	3
Day Two: Wait it Out.....	9
Day Three: Way Maker.....	13
Day Four: A Very Present Help.....	17
Day Five: He Will Rescue.....	21
Day Six: Mid Victory.....	25
Day Seven: We all Fall Short.....	27
Day Eight: Reassurance & the Promise Fulfilled.....	29

## **Introduction**

*April 5<sup>th</sup>, 2020 @ 8:33pm*

Son, Daughter I know you are suffering right now. The last thing you want to hear is “*Trust God*” especially from someone who is not standing in your shoes. How could they understand? I get it. I remember when my bank accounts were in the negative, I did not pay my business bills, I was receiving phone calls from my credit card companies warning me that they were going to send my accounts to collection, one of the apps running my website was on the verge of cancelling, my tag expired, and I did not have car insurance. So, I get it. I understand the struggles. I know there are days when your faith is strong, when you feel like God will show up right on time and help you through your struggles, because you recall the promises He made, the dreams you have dreamed and the visions that He gave to you and you are waiting for them to manifest. Then there are days where you wonder and question where is God? Why are you suffering? Is He not the God who gives? I mean, in His word He said He would supply every need, right? I have asked all

these questions and more. I have thrown some things across my room in frustration. I have wept and curled in a ball on my bedroom floor. I soaked my forehead with anointing oil. I have cast out devils and pleaded the blood of Jesus and still nothing.

I know you may be thinking why am I writing this when I am going through the unimaginable. Well, this morning while watching a sermon online titled, “*Resting in God.*” spoken by Pastor Roger Jordan at Going Places With Jesus Ministries. I realized I was asking all the wrong questions and I bet you are too. The question is not, “Where is God?” The question is, “AM I MIXING THE WORD WITH FAITH?”

## *Day One: Trust Has to be Built*

*“So then faith comes by hearing, and hearing by the word of God.” Romans 10:17 (KJV).*

There is this saying, “Desperate times call for desperate measures.” and I have to ask, where does your desperation lead you? Is it Instagram so that you can compare your lives to others and feel bad about yourself? Is it Facebook where you find yourself scrolling down the timeline because your friends and family seem to be in a better place than you are? Drugs? Or Alcohol? Our desperation should always lead us back to God. If we are seeking everything but God, then it is no wonder, we have not seen His promises manifest in our lives. We have to face our situation head on by having a personal relationship with God. In doing so, He redirects us to His life-giving words which breathe faith into our dry bones. Each time we digest the word of God our spiritual muscles are being built, fear begins to flee, doubt leaves the equation and the stronghold of anxiety is shamed and defeated. So,

let's get to the word of truth and read about a prophet called Elijah who had to learn how to trust and depend solely on God because everyone else around Him could not help Him even if they tried. Sounds familiar right?... ( I hope you cracked a smile).

### **Elijah Proclaims A Drought**

*And Elijah the Tishbi, of the inhabitants of Gilead, said to Ahab, "As the Lord God of Israel lives, before whom I stand, there shall not be dew nor rain these years, except at my word" 1 Kings 17:2 (NKJV).*

Elijah comes into agreement with the word of God and declares a drought over Israel as a result of their disobedience and rebellion to serve the one and true living God. The Israelites have turned away from God to worship and serve their idol Baal.

Take heed that God is punishing His people with a drought, and because Elijah is a part of Israel, and it is his home, he had to bear the weight of God's word even though he was not a part of the



wickedness. Yet, God preserves Elijah even before he could think about His next meal.

*“Then the word of the Lord came to him, saying, “Get away from here and turn eastward, and hide by the Brook Cherith, which flows into the Jordan. And it will be that you shall drink from the brook, and I have commanded the ravens to feed you there. So he went and did according to the word of the Lord, for he went and stayed by the Brook Cherith, which flows into the Jordan. The ravens brought him bread and meat in the morning, and bread and meat in the evening; and he drank from the brook” 1 Kings 17: 2:6 (NKJV).*

Reread for the sake of your soul and for the increase of your faith.

The same God who caused the drought, had already planned to feed Elijah the prophet who He used to speak it into existence. But what was shocking was that Elijah did not complain or question God when he was given instructions to go eastward. Elijah

willingly obeyed “ TRUSTING” he would be taken care of by God  
in the midst of uncertainty.





## *Day Two: Wait it Out*

*“Though He slay me, yet will I trust Him” Job 13:15 (NKJV).*

It had to be uncomfortable for Elijah to be surrounded in an unfamiliar place, waiting on God’s instructions, but he waited and in his waiting his faith did not waiver nor did he hold God in contempt. Elijah’s love for God and hopes to see God’s will done on earth as it is in heaven was more worthy to Him than his comfortability.

*“And it happened after a while that the brook dried up, because there had been no rain in the land” 1 Kings 17:7 (NKJV).*

Upon reading this my very thought was, “Well God now Elijah’s supply of water dried up because you asked him to proclaim a drought, so what is he supposed to do now?”

The instructions God gave Elijah ended up turning against him and resulted in a dry brook, but Elijah remained unbothered. That’s

wild faith right there! which can only be obtained through spending time with the Lord.

Elijah did not question when God would send rain again to quench his thirst or how long will it take before he can go home and rest, He just remains **“PATIENT”** in the waiting.

When we have faith that God will come through for us and supply our every need like He promised, we are not in a rush. We are just resting in His faithfulness.

Elijah rested as He waited for the next instructions.

*“ Then the word of the Lord came to him, saying, “Arise, go to Zarephath, which belongs to Sidon, and dwell there. See, I have commanded a widow there to provide for you” 1 Kings 17: 8-9 (NKJV).*







## *Day Three: Way Maker*

*“Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? Which of you by worrying can add one [a]cubit to his [b]stature?”* Matthew 6:26 (NKJV).

God will always move according to our faith. What are you speaking into existence? Remember there is life and death in the power of your tongue (Proverbs 18:21). Are you responding to faith or opposing faith? One way we respond to faith is declaring the word of God over the problem, situation, or circumstance and believing we have the victory. It may not appear as though we do, but we were told in God’s word not to walk by sight, but by faith (2<sup>nd</sup> Corinthians 5:7). Faith walkers declare the word of God boldly, radically, supernaturally, and fearlessly daily. In 1 Kings 17: 10, Elijah called to the widow for water and the water was visible to her, so she had no problem giving it to him. Then Elijah called for a morsel of bread, and the widow became extremely

troubled. She did not have enough bread to feed her son and Elijah, in fact the widow was preparing to die. Elijah could have agreed with her after hearing about the lack of food, nonetheless Elijah spoke with power and authority over the little, *“For thus says the Lord God of Israel: ‘The bin of flour shall not be used up, nor shall the jar of oil run dry, until the day the Lord sends rain on the earth.’ ”* 1 King 17:14 (KJV).

As a result of Elijah’s faith the widowed woman believed and prepared a meal for Elijah to eat.

God was building and testing Elijah’s faith with each instruction He gave him.

Oftentimes we want to pass our hurdles although we have not passed the test of having faith the size of a mustard seed. The only way our faith can increase is by meditating on the word of God.

**Tie a scripture to whatever you are believing in God for.**

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## *Day Four: A Very Present Help*

*“For I, the Lord thy God will hold thy right hand, saying unto thee, Fear not; I will help thee”* Isaiah 41:13 (KJV).

There are moments in our trust walk with God where He will test us, not so that He can know where we are in our faith, but so that we are aware of the amount of faith we do have, and if we need to increase it. Think about the moments when God came through, but before He came to your rescue, you got frustrated because He took too long or you told Him in your heart that you were over this faith thing. Then when He finally shows you His faithfulness you wept and felt ashamed for not believing. You then pray that the next time you would pass the faith and trust test. This is one of those moments. Let this moment prove to God how much you believe Him to be your Way Maker. Press on and praise Him already for what He has done for you in the past and what you are believing Him to do in this moment. Do not let another day go by of faith malfunction. In 1 Kings 17-24 Elijah had to hold on to God's

goodness. Elijah had to remember the loving, and kind Abba Father who would not dare leave nor forsake him or bring shame upon him because of his sacrificial love. As the woman questioned Elijah's intent for seeking her, he had to choose faith over fear, and trust over doubt. Elijah's reaction was to cry out three times to God for mercy and finally the Lord heard his prayer and revived the widow's son. He trusted God to save her son. With glee Elijah shouts, "*See, your son lives!*" 1 Kings 17:23 (KJV).

Once again Elijah's faith has awoken a greater measure of faith and trust to be bestowed unto the widow. Learning to trust God's faithfulness is not just for your sake, it is for the people around you to come to know and trust God too.







## *Day Five: He Will Rescue*

*“my God is my rock, in whom I take refuge, my shield and the horn of my salvation. He is my stronghold, my refuge and my savior— from violent people you save me. “I called to the LORD, who is worthy of praise, and have been saved from my enemies” 2 Samuel 22: 3-4 (NIV).*

When you become a laughingstock to those around you for your faith whether family, friends or strangers understand now you are getting closer to the promise. The enemy is not pleased to see how far you have come, so he will send discouragement your way and it will come from those you trust the most. There was a moment Peter was used by Satan to hinder Jesus from sacrificing Himself for humanity. *“Then Peter took Him aside and began to rebuke Him, saying, [i]“Far be it from You, Lord; this shall not happen to You!”* Matthew 16:22 (NKJV). Jesus discerned in His spirit that though Peter claimed to be for Him, Peter was not in agreement with the will of God for His life. So he refuted in verse 23 *“Get*

*behind Me, Satan! You are [j]an offense to Me, for you are not mindful of the things of God, but the things of men.”* We cannot walk with people who do not agree with the will of God for our lives, instead we must disconnect from them and pray they will learn to walk by faith because God will always show up and show out!

### **Elijah’s Mount Caramel’s Victory**

Elijah is already aware that he is serving the true and living God and that there are no other gods in comparison, so he does not fear when people mock him, he just shows them that God is on his side. Elijah tells the people who would rather worship false idol Baal to call on their idol’s name after they lay a cut-up bull on wood and he will do the same, but he will call on the name of the Lord and whoever God answers is God. So, the foolish people called on the name of Baal morning till noon and Baal did not respond. They even cut themselves and still no voice. Yet, when Elijah called on the name of the Lord the word says, *“Then the fire of the Lord fell and consumed the burnt sacrifice, and the wood and the stones and*

*the dust, and it licked up the water that was in the trench. Now when all the people saw it, they fell on their faces; and they said, "The Lord, He is God! The Lord, He is God!"* 1 Kings 18: 38-39. (NKJV).

Therefore, do not be swayed nor be deceived by the enemy's devices to turn you away from trusting God. Stand firm in your faith and watch those who mock you fall to their feet in wonder to the true and living God you serve.

### **Prayer**

God, I trust in You. I believe your word and I will not be moved by those who do not agree. I disconnect myself from unbelievers and position myself to walk with those who have faith and even if they do not believe God, I do. Let your will be done according to your word in Jesus name amen.



## *Day Six: Mid Victory*

*“For still the vision awaits its appointed time; it hastens to the end—it will not lie. If it seems slow, wait for it; it will surely come; it will not delay” Habakkuk 2:3 (ESV).*

Later in chapter 18 we learned that God has preserved Elijah despite the drought over the land for three whole years. WHAT!?! Yes, he was fed and nourished without a hitch or scratch. God can do it for you too. Your drought has a loophole called faith once you tap in you will trust God to supply the resources. Get radical!

Elijah waited three years for rain to pour and he had NO NEED that God did not meet. Rise up man/woman of God and worship the Lord for your midday victory.

Today focus on your breakthrough because God is working behind the scenes. Make sure you are prepared to receive it.

## **To Do:**

- Repent from any unbelief or disagreement to faith
- Renounce fear, doubt, worry, anxiety and confusion
- Release faith, peace, hope and prosperity
- Praise God
- Worship God

## *Day Seven: We All Fall Short*

*“For all have sinned and come short of the glory of God;”*

Romans 3:23 (KJV).

I will admit I debated on writing this chapter. I questioned myself and wondered if we are talking about “*trust*” then why should I mention Elijah’s weakest moment where he lacked trust in God. The truth is we are imperfect beings. There was only one perfect man who roamed this earth and His name is Jesus. Perhaps you have been holding on for so long and you have slipped up even after your midday victory because more pressure was applied to your stressful situation. I am here to say it is okay when we fall short if we get back up again. God’s strength is made perfect in our weakness. He is a God of mercy and He is looking down at you in love because despite it all you are His beloved child. Cry no more son and daughter and be healed by the Father’s relentless love. Let your soul rest in His embrace and reflect on His grace while reading about Elijah’s quick moment of vulnerability.

## **Elijah Escapes From Jezebel**

Elijah infuriates Jezebel after executing all the false prophets of Baal by his sword. She threatens to have him murdered in less than 24 hours. Elijah, fearful for his life flees in desperation and cries sorrowfully to the Lord, *“It is enough! Now, Lord, take my life, for I am no better than my fathers!”* 1 Kings 19:4 (NKJV). God could have rebuked Him for mistrust, instead He sent an angel to encourage Elijah with the words, *“Arise and eat.”* 1 Kings 19:7 (NKJV).



## *Day Eight: Reassurance & the Promise*

### *Fulfilled*

*“For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future”* Jeremiah 29:11 (NIV).

You made it! You did not throw in the towel prematurely, not even when the affliction grew unbearable. You sought the face of God diligently and He examined your heart, knowing you had given up your will, timing, and desires by wholeheartedly giving Him control. He is proud of you. Now you have truly won the victory! Elijah dusted himself off, went into the mountain of God to fast for forty days and forty nights where he regained His spiritual strength and multiplied his faith. He then sought God in a cave where God reassured him of his victory over Jezebel, Ahab and those who opposed him. God planned on using Elijah to save the righteous of Israel and to destroy the wicked (1Kings 19:14-18). Elijah started

this journey of trust when God called him to be used as a vessel to bring the people of Israel to repentance for worshipping false idols. He experienced the drought, wilderness, unfamiliarity, mockers, threats, and adversity. However, no matter the cost Elijah pressed on to the promises of God. He trusted not in himself, but in God, who never fails and finally he got victory.

**Record your victory.**

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## *My Testimony : He Shows Up*

*God is not human, that he should lie, not a human being, that he should change his mind.*

*Does he speak and then not act? Does he promise and not fulfill?*  
Numbers 23:19 (NIV).

Upon writing each day trusting, believing, hoping, and mixing the word of God with faith I received an email on April 7<sup>th</sup>, 2020, from my school, Florida Atlantic University. The email notified me to check my Financial Aid award status for the summer term and accept the offers given. I was in shock, because I registered for classes three weeks ago, however I did it by faith because I had used up all my Financial Aid for the Fall 2019 and Spring 2020 semester. At that moment I clicked the update schedule and prophesied, “It is paid in Jesus name.” I told God I did not have enough strength in me to worry anymore, so His will had to be

done. It was my surprise when I saw I was given a scholarship I did not apply for to help me pay for my classes and pay my debts. I shouted. Praised. Danced and lifted up my hands to worship the God who made it possible. A few weeks later in April, God provided for me to get car insurance, pay for my website hosting, renew my tag, and pay all my overdue business bills that the state did not penalize me for. I share this with you because I want you to remember how we began this devotional and how we are ending. We are no longer walking around in unbelief because our minds have been renewed since we mixed the word with our faith and we trust in God. We have overcome the spirit of mistrust and we now walk in our victory. Yes, there are still some things I am believing in God for and so are you, but now we know not to wallow in defeat and instead declare God's word over us.

P.S,

Continue to believe Him for even greater. I know I am.

Love you! Be Encouraged.

## *About the Author*

Monica P. Theophilus is a full-time college student, author, and blogger. She believes in equipping, empowering, and encouraging others through the word of God, in hopes they would live a life of freedom and purpose.

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